# Deplin FC™ 7.5/15 mg Capsules

A medical food for the clinical dietary management of depression and schizophrenia.

#### **DESCRIPTION**

Each clear capsule contains:

# **Dietary Ingredients:**

# Deplin FC™ 15 mg Capsules

L-methylfolate Calcium (Metafolin®) 15 mg

#### Deplin FC™ 7.5 mg Capsules

L-methylfolate Calcium (Metafolin®) 7.5 mg

## Other Ingredients:

Microcrystalline Cellulose and Silicon Dioxide, Vegetarian Capsule (Hypromellose, Black Iron Oxide, Hydroxypropyl Cellulose), L-methylfolate Calcium, Magnesium Stearate.

- Free from Common Allergens: Fish, Shellfish, Wheat, Eggs, Milk, Tree Nuts, Peanuts, Soy and Sesame.
- Free from Dyes
- Free from Preservatives
- Free from Sugar
- Free from Titanium Dioxide
- Non GMO
- Free from Sodium
- Vegan

# INDICATIONS AND USAGE CLINICAL DIETARY MANAGEMENT OF DEPRESSION

Deplin FC<sup>™</sup> is formulated to meet the distinctive nutritional requirement of individuals who have suboptimal L-methylfolate Calcium levels in the cerebrospinal fluid, plasma, and/or red blood cells and have depression. Please consult your medical provider for the use of Deplin FC<sup>™</sup> concomitant to antidepressant and antipsychotic drugs.1-4

# CLINICAL DIETARY MANAGEMENT OF SCHIZOPHRENIA

Deplin FC<sup>™</sup> is formulated to meet the distinctive nutritional requirement of individuals who have

suboptimal L-methylfolate Calcium levels in the cerebrospinal fluid, plasma, and/or red blood cells and have schizophrenia who present with negative symptoms and/or cognitive impairment. Please consult your medical provider for the use of Deplin FC™ concomitant to antipsychotics drugs.1-2,5

#### **PRECAUTIONS**

L-methylfolate Calcium is not interchangeable with folic acid. Folic acid is not effective in some patients in impacting cerebral folate levels due to low rates of folic acid transport across the bloodbrain barrier and/or low brain levels of the enzyme required to convert folic acid into a biological and functional form. 2, 6

Patients at risk for vitamin B12 deficiency should consult with their medical provider prior to taking L-methylfolate Calcium. 7,8

# **ADVERSE REACTIONS**

Allergic reactions have been reported following the use of oral L-methylfolate Calcium.9

## CONTRAINDICATIONS

Deplin FC<sup>™</sup> is contraindicated in patients with known hypersensitivity to any of the components contained in this product.

#### PATIENT INFORMATION

Deplin  $FC^{m}$  is a medical food for use under medical supervision.

# **RECOMMENDED USE**

Usual dose for adults and children 12 years of age and older is one Deplin FC<sup>™</sup> 7.5 capsule twice a day (1 capsule BID) or one Deplin FC<sup>™</sup> 15 mg capsule once a day (1 capsule QD) with or without food or as directed under medical supervision. If you are pregnant or nursing consult your doctor.

#### **HOW SUPPLIED**

# Deplin FC™ 15 mg Capsules

Commercial Product (90 capsules)
00525-1150-90 Rx
Professional Sample (6 capsules)
00525-1150-06 Not for Sale

Available as a clear capsule printed with "FC" in black ink on the cap and "15" in black ink on the body.

# Deplin FC™ 7.5 mg Capsules

Commercial Product (90 capsules) 00525-1160-90 Rx

Available as a clear capsule printed with "FC" in black ink on the cap and "7.5" in black ink on the body.

#### **STORAGE**

Store at controlled room temperature 15°C to 30°C (59°F to 86°F) (See USP). Protect from heat, light and moisture.

Metafolin<sup>®</sup> is a trademark of Merck KGaA, Germany

Manufactured and Distributed by Alfasigma USA, Inc. Shreveport, LA 71103

Questions? Call 1-866-331-6440

## **REFERENCES**

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